

## THE TECHNOLOGY OF LOVE: EMBODYING LOVE THROUGH OUR FEMALE SEXUALITY

### Introduction

Thirteen years ago, I lay legs wide open under a full moon. My butt was grounded in soft sand, half submerged in a warm water tide pool off the coast of the most remote island chain in the world. The guardian rocks of our natural salt water pool held the external turbulence at bay so my body could relax into the inner pulsating intensity. With each rhythmic wave, my daughter surfed her way through amniotic sea from womb into world. We were two bodies unified with the earthly and cosmic bodies through the synchronization of waves inside and out.

Long story made short; hormones, nature, and grace activated an access in my body availing me to the heart of the earth and cosmos simultaneously. How long I was here I don't know. As birth was happening through me, I was reborn into a remembrance of awakening through the womb. This timeless moment would re-calibrate the trajectory of my life, forever. The journey of 'living and being' this remembrance has been and continues to be the most thorough excavation of my ground of 'being human.' What I offer you here, is the basic handrail that was unearthed in me, through me, in this profound initiation.

I offer this as an invitation for women to explore and remember our own authentic path to 'being.' What I share is derived from my own direct experience, study in traditional tantric lineage with masters, and guiding hundreds of women over the last decade into their body's wisdom, power, and love to live a life more meaningful and true.

The Technology of Love is our innate human operating system that is the interface between our essence and our bodies. As we weave the fuel of our life force (shakti) through the intelligence of our body, with the desire to feel and experience all that arises, we activate the natural living expression of love that we are. This is beyond hormones, beyond energy, it is the meeting of our soul, our life force, and our courage to live love into our human life.

The Technology of Love is composed of a map of five portals of female sexuality that grant us entry to our bodies, our soul, our relational and transcendent experience. Each of the portals relates to a specific element, has an emotional guardian, a soul intelligence, and an electro-magnetic circuitry that our Shakti travels in igniting its holographic intelligence.

Why sexuality? Because it's how we got here. It is the current that our consciousness rode into this life on, in the moment of our conception. That moment of conception holds the imprinted map of the lessons and learnings we came to unravel in this life. When we consciously bring our sexual energy into the darkest aspects of our subconscious, we illuminate the tension patterns that innervate our suffering. By embracing them with our breath, our presence, we invite them into neutrality, and create space to house our essence more safely in our body.

As I have mapped the journey toward realization through my own experience I understand five necessary components in manifestation of our journey: safety, gratitude, embodiment, pleasure, and realization. Each of the five portals displays a unique facet in the scaffolding of this five fold intelligence of embodied awakening.

In the following map you meet the portals in connection to the five fold manifestations. You will see their elemental correlation, their emotional guardians, and their soulful qualities gleaned (gifts) once we have crossed their threshold.

## The Map:

<b>MANIFESTATION</b>	SAFETY	GRATITUDE	EMBODIMENT	PLEASURE	REALIZATION
<b>ELEMENT</b>	Earth	Water	Fire	Wind	Space
<b>PORTAL</b>	Yoni Lips	G-spot	Clitoris	Cervix	Womb
<b>GUARDIAN</b>	Shame/Fear	Hatred	Anger	Hurt	Separation
<b>GIFT</b>	Tenderness	Devotion	Desire	Surrender	Union

The manifested components of safety, gratitude, embodiment, pleasure, and realization are the *result* of our thorough engagement with each of the portals.

The elements are the shells that carry consciousness into our 3D world. Their magnetism is what creates the tension of our lessons and the translation of our consciousness into form. Our relationship with the elements and all that they correlate to in our life refines as we become more intimate with them.

The portals are the physical landmarks in our body that are the doorway through our wounds into our essence. Each portal is connected to a unique circuit of shakti flow that enables the activation of the holographic wisdom of each portal. In short, this is how our essence enters our body through the current of our sexual energy and is anchored through embodiment.

The guardians are the necessary initiator emotions that we must fully move through to become more intimate with ourselves, our bodies, and our human experience. These layers of emotions are a spiral, meaning it is not about completing them, but embracing them as a way of living from our feeling body.

The gifts are the soulful qualities that begin to anchor in our experience (both inside ourselves and in our relationships and service) when we have moved through the initiation of each portal. These qualities are infinite and our relationship with them continues to refine and deepen each spiral we complete.

If you choose to explore the portals through this invitation, have fun, enjoy, and open yourself to receive what is yours to claim. After all, it's your body, I am simply offering a road map to inspire and support your intimate discovery.

A word about love. I see so many approach the embodiment of sexuality as a means to get love, manipulate others into getting love. Love is the most potent initiator, and if we choose to engage in this path, it will carry us through to the other side of love, where we understand there is nothing to hold on to, and it is simply in our loving that we are forged deeper into who we are and our capacity to "be love." This book, these portals are simply access to making ourselves more available, to the love that the universe is extending toward us in every moment, which is innately the love we 'are.' As we stop reaching for that which is beyond us, we relax into the all inclusive of the spectrum of love and not love that is the love we are.

It is my earnest prayer that these words touch, inspire, or further your intrinsic being of the love that you are.

I bow offering a sincere blessing to all my teachers, students, companions, children, and beings who have been a part of this 'conspiracy of love that continues to awaken in me.

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